: BlueSelect Silver Classic for Individuals

Coverage Period: 01/01/2025 - 12/31/2025

Coverage for: Single/Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-442-2376 or visit <a href="https://shop.yourwyoblue.com/content/agreements/2025/WY/Individual/BlueSelectSilverClassicIX.pdf">https://shop.yourwyoblue.com/content/agreements/2025/WY/Individual/BlueSelectSilverClassicIX.pdf</a>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <a href="https://swww.healthcare.gov/sbc-glossary/">www.healthcare.gov/sbc-glossary/</a> or call 1-800-442-2376 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network: \$2,750 / person, \$5,500 / family. Out-of-network: \$20,000 / person, \$40,000 / family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. In-network preventive care, children's dental check-up, and services subject to a copayment are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-network: \$9,100 / person, \$18,200 / family. Out-of- network: unlimited.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance billing charges, sanctions, reductions and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="http://provider.bcbswy.com">http://provider.bcbswy.com</a> or call 1-800-442-2376 for a list of <a href="in-network providers">in-network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$45 <u>copayment</u> for first 2 visits. <u>Deductible</u> does not apply. Additional visits subject to <u>deductible</u> and 40% <u>coinsurance</u> .	50% coinsurance	None
	Specialist visit	40% coinsurance	50% coinsurance	None
If you visit a health care provider's office or clinic	Preventive care/ screening/immunization	No Charge. <u>Deductible</u> does not apply.	Not Covered	Benefits include but are not limited to those recommended by the USPSTF (United States Preventive Services Taskforce) (A & B only), CDC (Center for Disease Control) Advisory Committee on Immunization Practices, and the HRSA (Health Resources and Services Administration) for women's and children's preventive care. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	40% coinsurance	50% coinsurance	Certain services require preauthorization.
	Imaging (CT/PET scans, MRIs)	40% coinsurance	50% coinsurance	Failure to obtain <u>preauthorization</u> may result in a denial or reduction in coverage.

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.bcbswy.com/rx25	Tier 1	\$5 <u>copayment</u> per 30 day supply retail \$15 <u>copayment</u> per 90 day supply mail order. <u>Deductible</u> does not apply.	Not Covered	Generally covers up to a 30 day supply, retail. Covers up to a 90 day supply of maintenance medications through pharmacies participating in Prime's Extended Supply Network or mail order.
	Tier 2	\$50 copayment per 30 day supply retail \$150 copayment per 90 day supply mail order.  Deductible does not apply.	Not Covered	Generally covers up to a 30 day supply, retail. Covers up to a 90 day supply of maintenance medications through pharmacies participating in Prime's Extended Supply Network or mail order. Some drugs must receive preauthorization from Blue Cross Blue Shield of Wyoming. Failure to obtain
	Tier 3	40% <u>coinsurance</u> retail and mail order.	Not Covered	preauthorization may result in a denial or reduction in coverage.
	Tier 4	40% coinsurance	Not Covered	Must receive <u>preauthorization</u> from Blue Cross Blue Shield of Wyoming. Failure to obtain <u>preauthorization</u> may result in a denial or reduction in coverage. Covers up to a 30 day supply from Prime Specialty Pharmacy.
If you have outpatient surgery  If you need immediate medical attention	Facility fee (e.g., ambulatory surgery center)	40% coinsurance	50% coinsurance	Obesity and weight loss, orthognathic, and reconstructive surgeries require preauthorization before receiving these
	Physician/surgeon fees	40% coinsurance	50% coinsurance	services. Failure to obtain <u>preauthorization</u> may result in a denial or reduction in coverage.
	Emergency room care	40% coinsurance	50% coinsurance	For out-of-network emergency apply in- network <u>cost share</u> .
	Emergency medical transportation Urgent care	40% coinsurance 40% coinsurance	50% coinsurance 50% coinsurance	For out-of-network emergency ground and air ambulance apply in-network cost share.
If you have a hospital stay	Facility fee (e.g., hospital room)	40% coinsurance	50% coinsurance	Pre-admission review must be obtained prior to a non-maternity or non-emergency
	Physician/surgeon fees	40% coinsurance	50% coinsurance	inpatient stay. Failure to obtain pre-admission review may result in a denial or reduction in coverage.

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need mental health, behavioral health, or substance abuse services	Outpatient services	40% coinsurance	50% coinsurance	Benefits are not available for therapy or counseling services for marital dysfunction or family dysfunction. Benefits are not available
	Inpatient services	40% coinsurance	50% coinsurance	for the treatment of codependency. Failure to obtain <u>preauthorization</u> for outpatient ABA (Applied Behavioral Analysis) therapy and inpatient services may result in a denial or reduction in coverage.
If you are pregnant	Office visits	\$45 <u>copayment</u> for first 2 visits. <u>Deductible</u> does not apply. Additional visits subject to <u>deductible</u> and 40% <u>coinsurance</u> .	50% coinsurance	Depending on the type of services, a coinsurance or deductible may apply. Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound.)
	Childbirth/delivery professional services	40% coinsurance	50% coinsurance	Cost sharing does not apply for preventive services. Maternity care may include tests
	Childbirth/delivery facility services	40% coinsurance	50% coinsurance	and services described elsewhere in the SBC (i.e., ultrasound.)

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	40% <u>coinsurance</u>	50% coinsurance	None
If you need help recovering or have other special health needs	Rehabilitation services	40% coinsurance	50% coinsurance	Physical, occupational and speech therapy benefits are provided for CVA (Cerebral Vascular Accidents), head injury, spinal cord injury or as required as a result of post-operative brain surgery, severe burns and amputations. Outpatient is limited to 60 visits per member per calendar year. Inpatient is limited to 45 days per member per calendar year and must be preauthorized. Failure to obtain preauthorization may result in a denial or reduction in coverage. Other physical therapy is limited to 40 visits per calendar year. Respiratory Therapy is covered when related to an accident, emergency, surgery or when medically necessary. Cardiac rehabilitation is covered phase I & II only limited to 36 visits per calendar year.
Special fleath fleeds	Habilitation services	40% coinsurance	50% coinsurance	Outpatient limited to 20 visits per member per calendar year. Inpatient physical, occupational and speech therapy benefits are limited to 45 days per member per calendar year. Failure to obtain preauthorization may result in a denial or reduction in coverage.
	Skilled nursing care	40% coinsurance	50% coinsurance	Failure to obtain <u>preauthorization</u> may result in a denial or reduction in coverage.
	Durable medical equipment	40% coinsurance	50% coinsurance	Some items require <u>preauthorization</u> . Failure to obtain <u>preauthorization</u> may result in a denial or reduction in coverage.
	Hospice services	40% coinsurance	50% coinsurance	Must have <u>preauthorization</u> for inpatient hospice. Failure to obtain <u>preauthorization</u> may result in a denial or reduction in coverage.

		What Yo	ou Will Pay	
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Children's eye exam	40% coinsurance	50% coinsurance	Covers 1 exam per calendar year for individuals through the end of the year in which they turn age 19.
If your child needs dental or eye care	Children's glasses	40% coinsurance	50% coinsurance	Covers 1 pair of eyeglasses or 12 month supply of contacts per calendar year for individuals through the end of the year in which they turn age 19.
	Children's dental check-up	No Charge. <u>Deductible</u> does not apply.	No Charge. <u>Deductible</u> does not apply.	Limited to 1 every 6 months for individuals through the end of the year in which they turn age 19.

### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion except in cases of rape, incest, or when the life of the mother is endangered.
- Hearing aids

Routine foot care

Acupuncture

Long-term care

Weight loss programs

Dental care (Adult)

Routine eye care (Adult)

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery Requires prior approval, limited to 1 per lifetime.
  - ,
- Cosmetic surgery Limited to pre-approved restorative surgery.
- Non-emergency care when traveling outside the U.S.

- Chiropractic care Limited to 15 visits per calendar year.
- Infertility treatment Limited to the correction of the condition causing infertility.
- Private-duty nursing Limited to inpatient services provided by an R.N.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Blue Cross Blue Shield of Wyoming at 1-800-442-2376, your state insurance department at 1-800-438-5768, Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa">https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</a>, or Healthcare.gov <a href="https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa">www.HealthCare.gov</a> or call 1-800-318-2596. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa">https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</a>, or Healthcare.gov <a href="https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</a>, or Healthcare.gov <a href="https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</a>, or Healthcare.gov <a href="https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</a>, or Healthcare.gov <a href="https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</a>, or Healthcare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Wyoming Insurance Department at 1-800-438-5768 or <u>doi.wyo.gov</u>.

### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles, copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$2,750
■ Specialist coinsurance	40%
■ Hospital (facility) coinsurance	40%
■ Other coinsurance	40%

### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700		
In this example, Peg would pay:			
Cost Sharing			
Deductibles	\$2,750		
Copayments	\$10		
Coinsurance	\$3,900		
What isn't covered			
Limits or exclusions \$6			
The total Peg would pay is	\$6,720		

# Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,750
■ Specialist coinsurance	40%
■ Hospital (facility) coinsurance	40%
■ Other coinsurance	40%

### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600		
In this example, Joe would pay:			
Cost Sharing			
<u>Deductibles</u>	\$1,200		
Copayments	\$900		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$20		
The total Joe would pay is	\$2,120		

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$2,750
■ Specialist coinsurance	40%
■ Hospital (facility) coinsurance	40%
■ Other coinsurance	40%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800		
In this example, Mia would pay:			
Cost Sharing			
<u>Deductibles</u>	\$2,700		
<u>Copayments</u>	\$100		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$2,800		

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.



### This Notice is Being Provided as Required by the Affordable Care Act

## **Translation Services**

Aive the right to get help and information in your language at no cost. To talk to an interpreter, call 800-442-2376.  Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Blue Cross Blue Shield of Wyoming, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un interprete, llame al 800-442-2376.  ECIM y Bac RUIN ЛИЦЬ, которому вы помогаете, вмеются вопросы по поводу Blue Cross Blue Shield of Wyoming, то вы вмеете право на бесплатное получение помощи и информация ва вашем языке. Для разговора с переводчиком позвоните по телефону 800-442-2376.  Jika Anda, atau seseorang yang Anda tolong, memiliki pertanyaan tentang Blue Cross Blue Shield of Wyoming, Anda berhak untuk mendapatkan pertolongan dan informasi dalam Bah Anda tanpa dikenakan biaya. Untuk berbicara dengan seorang penerjemah, hubungi 800-442-2376.  Falls Sie oder jemand, dem Sie helfen, Fragen zum Blue Cross Blue Shield of Wyoming haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ilbrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 800-442-2376.  Kung ikaw, o ang iyong timutulangan, ay may mga katamungan tungkol sa Blue Cross Blue Shield of Wyoming, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 800-442-2376.  Si vous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Blue Cross Blue Shield of Wyoming, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprete, puoi chiamare 800-442-2376.  Al chà wateru (chà sitò a neces et al aide sità appelez sun de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprete, appelez 800-442-2376.  Al chà wateru (chà sitò a neces et al aide sità appelez sun de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprete, appelez 800-442-2376.  Al chà wateru (chà sitò a neces al aide et l'inch		
of Wyoming, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 800-442-2376.  知果您、或是您正在協助的對象、有關於[插入SBM項目的名稱 Blue Cross Blue Shield of Wyoming方面的問題,您有權利免費以您的母語得到幫助和訊息。治詢一位翻譯員,請撥電話 [在此插入數字800-442-2376.  Falls Sie oder jemand, dem Sie helfen, Fragen zum Blue Cross Blue Shield of Wyoming haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 800-442-2376.  Kung ikaw, o ang iyong tinutulangan, ay may mga katamungan tungkol sa Blue Cross Blue Shield of Wyoming, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 800-442-2376.  Si vous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Blue Cross Blue Shield of Wyoming, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 800-442-2376.  Si vous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Blue Cross Blue Shield of Wyoming, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 800-442-2376.	have the right to get help and information in your language at no cost. To talk to an interpreter, call	
Wyoming方面的問題、您有權利免費以您的母語得到幫助和訊息。治詢一位翻譯員,請撥電話 [在此插入數字800-442-2376.  Falls Sie oder jemand, dem Sie helfen, Fragen zum Blue Cross Blue Shield of Wyoming haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 800-442-2376.  Kung ikaw, o ang iyong tinutulangan, ay may mga katamungan tungkol sa Blue Cross Blue Shield of Wyoming, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 800-442-2376.  Si vous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Blue Cross Blue Shield of Wyoming, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprête, appelez 800-442-2376.  Shield of Wyoming, Anda berhak untuk mendapatkan pertolongan dan informasi dalam Baha Anda tanpa dikenakan biaya. Untuk berbicara dengan seorang penerjemah, hubungi 800-442 2376.  Shield of Wyoming, Anda berhak untuk mendapatkan pertolongan dan informasi dalam Baha Anda tanpa dikenakan biaya. Untuk berbicara dengan seorang penerjemah, hubungi 800-442 2376.  Shield of Wyoming, Anda berhak untuk mendapatkan pertolongan dan informasi dalam Baha Anda tanpa dikenakan biaya. Untuk berbicara dengan seorang penerjemah, hubungi 800-442 2376.  Shield of Wyoming, Anda berhak untuk mendapatkan pertolongan dan informasi dalam Baha Anda tanpa dikenakan biaya. Untuk berbicara dengan seorang penerjemah, hubungi 800-442 2376.  Shield of Wyoming, Anda berhak untuk mendapatkan pertolongan dan informasi dalam Baha Anda tanpa dikenakan biaya. Untuk berbicara dengan seorang penerjemah, hubungi 800-442 2376.  Shield of Wyoming, Anda berhak untuk mendapatkan pertolongan dikenakan biaya. Untuk berbicara dengan seorang penerjemah, hubungi 800-442 2376.  Shield of Wyoming, Anda berhak untuk mendapatkan pertolongan dikenakan biaya. Untuk berbicara dengan seorang penerjemah, hubungi 800-442 2376.  Shield of Wyoming, And	of Wyoming, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para	Если у вас или лица, которому вы помогаете, имеются вопросы по поводу Blue Cross Blue Shield of Wyoming, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 800-442-2376.
haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 800-442-2376.  Kung ikaw, o ang iyong tinutulangan, ay may mga katamungan tungkol sa Blue Cross Blue Shield of Wyoming, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 800-442-2376.  Si vous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Blue Cross Blue Shield of Wyoming, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 800-442-2376.  Si cous, ou quelqu'un que vous êtes en train d'aider, a des questions de propos de Blue Cross Blue Shield of Wyoming, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 800-442-2376.  Si cous, ou quelqu'un que vous êtes en train d'aider, a des questions de propos de Blue Cross Blue Shield of Wyoming, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 800-442-2376.  Si cous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Blue Cross Blue Shield of Wyoming, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 800-442-2376.  Si cous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Blue Cross Blue Shield of Wyoming, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 800-442-2376.  Si cous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Blue Cross Blue Shield of Wyoming, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 800-442-2376.  Si cous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos d	Wyoming方面的問題,您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員,請撥	Shield of Wyoming, Anda berhak untuk mendapatkan pertolongan dan informasi dalam Bahasa Anda tanpa dikenakan biaya. Untuk berbicara dengan seorang penerjemah, hubungi 800-442-
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Si vous, ou quelqu'un que vous etes en train d'aider, à des questions à propos de Blue Cross Blue Shield of Wyoming, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 800-442-2376.  अतमे अथवा तमे डीઇने महह डरी रह्या तेमांथी डीઇने [એसબીએમ કાર્યક્રમનું નામ મુકો] વિશે પ્र	of Wyoming, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang	यदि तपाईं आफ्ना लागि आफें आवेदनको काम गर्दें, वा कसैलाई महत गर्दे हुनुहुन्छ,Blue Cross Blue Shield of Wyoming बारे प्रश्नहरू छन् भने आफ्नो मातृभाषामा निःशुल्क सहायता वा जानकारी पाउने अधिकार छ। दोभाषे (इन्टएप्रेटर) सँग कुरा गर्नुपरे 800-442-2376 मा फोन गर्नुहोस्।
I 마얀 그림 때도 그림기 토그 이도 어떤 나라이면!!» Chara Phys Chiefd of Wronning 에 과해 나	Shield of Wyoming, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun	اگر شما، یا کسی که شما به او کمک موکنید ، سوال در مورد Blue Cross Blue Shield of Wyoming ، داشته باشید حق این را دارید که کمک و اطلاعات به زبان خود را به طور رایگان دریافت نمایید.2376-442-800 تماس حاصل نمایید.
질문이 있다면 귀하는 그러한 도움과 정보를 귀하의 언어로 비용 부담없이 얼을 수 있는 권리가 있습니다. 그렇게 통역사와 얘기하기 위해서는800-442-2376 로 전화하십시오. [શકાય છે. ફુભાષિયો વાત કરવા માટે,આ [અઠી દાખલ કરો નંબર ] પર કોલ કરો.	질문이 있다면 귀하는 그러한 도움과 정보를 귀하의 언어로 비용 부담없이 얻을 수 있는	જો તમે અથવા તમે કોઇને મદદ કરી રહ્યાં તેમાંથી કોઇને [એસબીએમ કાર્યક્રમનું નામ મુકો] વિશે પૃશ્નો હોય તો તમને મદદ અને માહિતી મેળવવાનો અધિકાર છે. તે ખર્ચ વિના તમારી ભાષામાં પ્રાપ્ત કરી શકાય છે. દુભાષિયો વાત કરવા માટે,આ [અહીં દાખલ કરો નંબર ] પર કોલ કરો.
gượ vị sẽ có quyền được giún và có thêm thông tin bằng ngôn ngữ của mình miễn phí Để nói	quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói	Díí kwe'é atah nílinígíí Blue Cross Blue Shield of Wyoming haada yit'éego bína'ídíłkidgo éi doodago háida bíká anilyeedígíí t'áadoo le'é yína'ídíłkidgo beehaz'áanii hóló díí t'áá hazaadk'ehií háká a'doowołgo bee haz'á doo bááh ílínígóó. Ata' halne'ígíí koji' bich'i' hodíílnil 800-442-2376.



## **Non-Discrimination Notices**

Blue Cross Blue Shield of Wyoming (BCBSWY) does not discriminate on the basis of race, color, national origin, sex, age, or disability in its health programs and activities.

BCBSWY provides appropriate auxiliary aids and services, including qualified interpreters for individuals with disabilities and information in alternate formats, free of charge and in a timely manner, when such aids and services are necessary to ensure an equal opportunity to participate to individuals with disabilities.

BCBSWY provides language assistance services, including translated documents and oral interpretation, free of charge and in a timely manner, when such services are necessary to provide meaningful access to individuals with limited English proficiency.

In order to obtain the interpretation services listed in paragraphs two (2) and three (3), Participants may call (800) 442-2376 or use BCBSWY's Telecommunications Device for the Deaf (TDD) at (800) 696-4710.

Participants have the right to file a grievance regarding potential discrimination. To file a grievance, please call BCBSWY at (307) 634-1393 or (800) 442-2376 and request the Grievance Officer in the Legal Department or mail a letter describing the grievance to 4000 House Avenue, Cheyenne, WY 82001 to the attention of the Legal Department.

If a Participant believes they have been discriminated against because of their race, color, national origin, disability, age, sex or religion, the Participant may file a discrimination complaint with the Office of Civil Rights. Please visit www.hhs.gov/ocr for directions to file a complaint.